Weekendhold 1. sem Z0124W

**2024**

| | | January-2024 | | februar-2024 | | marts-2024 | | april-2024 | | maj-2024 | | juni-2024 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Søn | | | | | | | | | | | | |
| Man | 1 | | | | | | 1 | 2. Påskedag | | 18 | | |
| Tirs | 2 | | | | | 9 | 2 | | | | | |
| Ons | 3 | | | | | | 3 | | 1 | | | |
| Tors | 4 | | 1 | | | | 4 | | 2 | | | |
| Fre | 5 | Zoneterapi 16 - 22 | 2 | | 1 | Zoneterapi 16 - 22 | 5 | | 3 | | | |
| Lør | 6 | Zoneterapi 9 - 16 | 3 | | 2 | Zoneterapi 9 - 16 | 6 | | 4 | | 1 | |
| Søn | 7 | Zoneterapi 9 - 16 | 4 | | 3 | Zoneterapi 9 - 16 | 7 | | 5 | | 2 | |
| Man | 8 | 1 | 5 | 6 | 4 | 10 | 8 | 14 | 6 | 19 | 3 | 23 |
| Tirs | 9 | | 6 | | 5 | | 9 | | 7 | | 4 | |
| Ons | 10 | | 7 | | 6 | | 10 | | 8 | | 5 | |
| Tors | 11 | | 8 | | 7 | | 11 | | 9 | Kr. Himmelfart | 6 | |
| Fre | 12 | | 9 | | 8 | | 12 | Zoneterapi 16 - 22 | 10 | Zoneterapi 16 - 22 | 7 | Zoneterapi 16 - 22 |
| Lør | 13 | | 10 | | 9 | | 13 | Zoneterapi 9 - 16 | 11 | Zoneterapi 9 - 16 | 8 | Psykologi 9 - 16 |
| Søn | 14 | | 11 | | 10 | | 14 | Zoneterapi 9 - 16 | 12 | Zoneterapi 9 - 16 | 9 | Psykologi 9 - 16 |
| Man | 15 | 2 | 12 | 7. Vinterferie | 11 | 11 | 15 | | 13 | 20 | 10 | 24 |
| Tirs | 16 | | 13 | | 12 | | 16 | | 14 | | 11 | |
| Ons | 17 | | 14 | | 13 | | 17 | | 15 | | 12 | |
| Tors | 18 | | 15 | | 14 | | 18 | | 16 | | 13 | |
| Fre | 19 | | 16 | | 15 | | 19 | | 17 | | 14 | |
| Lør | 20 | | 17 | | 16 | | 20 | | 18 | | 15 | |
| Søn | 21 | | 18 | | 17 | | 21 | | 19 | Pinsedag | 16 | |
| Man | 22 | 3 | 19 | 8 | 18 | 12 | 22 | 16 | 20 | 2. pinsedag | 17 | 25 |
| Tirs | 23 | | 20 | | 19 | | 23 | | 21 | | 18 | |
| Ons | 24 | | 21 | | 20 | | 24 | | 22 | | 19 | |
| Tors | 25 | | 22 | | 21 | | 25 | | 23 | | 20 | |
| Fre | 26 | Zoneterapi 16 - 22 | 23 | | 22 | | 26 | | 24 | | 21 | |
| Lør | 27 | Zoneterapi 9 - 16 | 24 | | 23 | | 27 | | 25 | | 22 | |
| Søn | 28 | Zoneterapi 9 - 16 | 25 | | 24 | | 28 | | 26 | | 23 | |
| Man | 29 | 4 | 26 | | 25 | 13 | 29 | 17 | 27 | | 24 | 26 |
| Tirs | 30 | | 27 | | 26 | | 30 | | 28 | 22 | 25 | |
| Ons | 31 | | 28 | | 27 | | | | 29 | | 26 | |
| Tors | | | 29 | | 28 | Skærtorsdag | | | 30 | | 27 | |
| Fre | | | | | 29 | Langfredag | | | 31 | | 28 | |
| Lør | | | | | 30 | | | | | | 29 | |
| Søn | | | | | 31 | Påskedag | | | | | 30 | |
| Man | | 5 | | | | | | | | | | |
| Tirs | | | | | | | | | | | | |
| Ons | | | | | | | | | | | | |
| **Legend** | | | | | | | | | | | | |